

Calendar

Use these monthly calendars to write down important dates and appointments, such as:

- Health care appointments
- School schedules and meetings
- Medical supply and equipment deliveries
- Due dates for applications or requests
- Dates of conversations with insurance company staff, and hospital billing offices

Keep your old calendars at the end of the month or year. They contain important information about past appointments, tests, and meetings.

If you need more copies of the calendar, they are available from the Massachusetts Department of Public Health. Download them from www.mass.gov/dph/fch/directions or call 800-882-1435 (in MA only), 617-624-5070, or 617-624-5992 (TTY).

